



# Packing List for Turkey

\*Make sure you read the blog for a few important notes regarding the items signified.

## Double Check before you leave:

- Passports
- Driver's license
- Plane Tickets if printed
- Phone
- Wallet
- Arm security system
- Reduce heat/hot water heater/AC
- Secure all outdoor items
- Water plants
- Unplug appliances
- Set light timers
- Reservation papers

## A few months before you leave:

- Give neighbors your travel information:
  - Vacation dates
  - Itinerary during trip
  - Cell phone numbers
  - Emergency number
- Stop mail delivery
- Make sure passport/credit cards have enough validity
- Check out hospitals close to where you will be
- Buy travel Insurance when you buy the first part of the trip
- Auto responder for emails
- Pay bills ahead of time
- Sign up for [S.T.E.P program](#)
- Notify bank traveling abroad
- \_\_\_\_\_
- \_\_\_\_\_

## The day before you leave:

- Clean out fridge
- Clean up house/take out trash
- Charge electronics
- Check-in for flights
- Clean out wallet
- Prepare snacks for airport/plane

## Electronics

- Adapter\*
- External battery
- [VPN](#)\*
- Camera
- Tablet/Kindle
- Headphones
- Cell phone
- Straightener/Curling Iron
- Chargers
- \_\_\_\_\_
- \_\_\_\_\_

## Papers

- Print Health insurance card
- [Travel insurance](#)
- Copy of all prescriptions\*
- Card w/ emergency contacts
  - Someone back home
  - Primary Care doctor
  - Lodging in Turkey
  - Someone in Turkey
  - Embassy contact in Turkey
- Passport
- Printed copy of any reservations
- Color copy of your passport (keep separate from original)
- Printed E-visa

- Driver's license
- Debit card - make sure to set up travel notifications
- Credit card - Visa & MasterCard work best
- Vaccination Card (if you have)
- 100 Euros/USD cash
- \_\_\_\_\_
- \_\_\_\_\_

## Medical stuff

- Prescriptions - duration of stay (in original bottles w/labels)
- Travelers' diarrhea antibiotic
- Extra glasses/contacts
- Glasses cleaning cloth
- Eye drops
- Sunscreen
- Sunglasses
- Hand sanitizer\*
- Small travel med kit
  - Benedryl
  - Motion sickness meds
  - Cough drops
  - Melatonin
  - Band-aids
  - Safety pins
  - Activated Charcoal
  - Tampons/Menstrual Cup
  - Mini sewing kit
  - Pain reliever
  - Imodium
  - Small pack of tissues - always keep in purse\*
- \_\_\_\_\_
- \_\_\_\_\_

## Clothes

*The less skin showing the better*

- Comfy multi-use shoes\*
- “Nice” shoes
- Swimsuit
- Cover-up
- Water Shoes
- Undershirt
- Hat
- Belt
- Dress\*\* - more if you prefer to wear them to pants
- Pants/bottoms\*\* - at least one that can be dressed up/down
- Comfortable tops\*\*
- Long-sleeve\*\*
- Sweaters\*\* - think layering
- Jacket
- Underwear\*\*
- Bras\*\*
- Socks\*\*
- Rain Jacket
- PJs
- Gloves
- Flip flops for shower
- Scarf to keep you warm
- Light scarf or shawl for entering religious sites
- Lounge outfit - not to wear out
- \_\_\_\_\_
- \_\_\_\_\_

\*\* Depends on how long you stay and what time of year. If you're coming in the summer, you may sweat through all your clothes and not be able to re-wear them like you can in the cooler months. You know you, bring as many as you need but not a ton extra.

## Bathroom

*You can easily purchase these here in Turkey and save room in your suitcase.*

- Q-tips
- Tweezers
- Makeup
- Floss
- Toothbrush/Toothpaste

- Washcloth
- Shampoo/Conditioner
- Soap
- Deodorant
- Hair ties/products
- Brush
- Shaving cream/Razor
- Tissues
- Wipes/disinfectant wipes
- \_\_\_\_\_
- \_\_\_\_\_

## Other

- Earplugs
- Eye mask
- Sunglasses
- [Reusable water bottle\\*](#)
- Leisure time activities (i.e. drawing supplies, book, etc)
- Small backpack/cross-body bag for day use\*
- Quick dry microfiber towel
- Neck Wallet/Passport pouch
- Wind-proof umbrella
- Journal
- Travel books (digital/printed)
- Snacks
- Noise Machine (if you use one)
- Dirty clothes bag
- Extra plastic bags (quart & gallon)
- Reusable grocery bag
- Pool/Beach bag
- Beach/Pool toys
- Decaffeinated tea (hard to find in TR)
- Activity bag for kiddos/self
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Final thoughts

Pack as light as you can. You will find many things to bring back.

Don't over pack clothes. If you find you need something you didn't bring, you can easily purchase it here.

Don't bring expensive jewelry or

things that would be expensive to replace. Flashy things will just further draw unwanted attention.

---

## Few Links for Planning Resources

[Car Rental](#)

[Hotels](#)

[Day Activities](#)

I have this checklist printed and laminated (or you could put in sheet protector). Check it off with wet erase, erase when finished. Easy peasy!

I do have few links to some of my favorite products and resources. When you use them, you'll understand why or you can read more on this [blog post](#).

Please know building and keeping your trust is really important to me. I only share items that I really value—no one has or will ever pay me to put a link on my site.

While these links are affiliate links in which I get a small commission when you purchase, the cost is exactly the same to you. Doing this helps me provide content to you for free.

If you do find something you need for your trip and purchase it through this link, thank you! What did you get?! I love knowing what you find valuable too.

Also, I'd love to hear of anything you always pack that I could add to my list. I am always wanting to make it better!

As always, my inbox is always open. I read every email from you personally and hope this is a valuable resource!

- Kimberly